





Tamara

COMMERCIAL GROUP

Tamara Trading Company

Tamara Trading Company is one of the greatest companies producing dates and its derivatives in the Middle East. Benefiting from modern equipment and up-to-date machinery along with using the highest quality raw materials is one of the essential features of this company. All processes from production to packaging of Tamara products are done under the supervision of specialized experts in advanced laboratories. The company intends to offer its customers the best and highest quality products in attractive and stylish packaging with impressive designs worldwide. It, therefore, expands the level of its exchanges around the world.





Date

Dates have been the main food of people in the Middle East and India for thousands of years and date back to 7000 BC. This unique fruit is a sweet food and it originated in Iraq. This food has different types, tastes, sizes, and colours and contains various properties and characteristics for the body, including lowering blood cholesterol levels and improving bone health.

Features and properties of dates:

- Helping lose weight
- Helping control diabetes
- Useful for anaemia
- Preventing osteoporosis
- Helping regulate blood pressure
- Helping heart health and preventing heart disease

Nutritional value of dates:

- Rich source of vitamin B6
- Rich in fibre
- Contains protein and carbohydrates
- Supply of vitamins A and K.
- Rich in iron
- Rich source of calcium, phosphorus, magnesium
- And...

Product features of Tamara Trading Company:

- Using the healthy and organic raw materials
- Fully automatic cleaning and washing process
- Hygienic processing of products under the supervision of the quality control unit
- Perform processing steps using advanced equipment and machinery
- Having innovation in the design and colours of packaging
- Packaging by up-to-date machinery and technologies





Produced products in Tamara Trading Company: Types of fresh dates:

• Mazafati dates: This product is known as wet dates due to its high humidity and is one of the most delicious types of dates in the entire world.
• Piarom dates: This date is one of the most popular dates in the world, considered a semi-dry type. It contains fructose and is a permissible sugar for people with diabetes.
• Shahani dates: This date is one of the wet dates and due to its moisture, it can be used to make various dates syrup and dates paste.
• Gentar dates: This is another type of wet date with a small core known as Qantar and Ghandi.
• Rabbi dates: This date is one of the semi-dry dates, and it is reddish-black with shiny, thin skin, low moisture, and high durability.
• Zahedi dates: This date is considered a semi-dry date with a light brown, good smell, sweet taste, and oval shape.

• Kebkab dates: This date is one of the semi-dry dates. Its skin is thicker and firmer than other types of dates and the amount of its nectar and syrup is very much.

• Khosravani dates: This date is one of the wetter dates. it is also known as a syrup date, its colour is red, and small in size.

• Shekari dates: These dates are considered semi-moist dates and have nutrients, a delightful taste, low cholesterol, energizing, and preventing tooth decay.





Types of date derivatives:

• Date syrup:
The nature of date syrup is warm and dry. This product has many properties and high nutritional value. Date syrup contains protein, natural sugars, minerals, and vitamins such as B1, B2, B3, and B5, as well as A1 and C. This syrup contains natural sugars such as glucose, sucrose, and fructose and is a good snack choice.
• Date vinegar:
This vinegar has a high nutritional value and can have many medicinal benefits for humans. This vinegar helps lose weight, reduces bad cholesterol, strengthens the heart, etc., and has anti-cancer properties.
• Date sugar:
Date sugar is high in fibre, potassium, iron, calcium, magnesium, vitamin A, B, and fat-free.
• Kebkab dates: This date is one of the semi-dry dates. Its skin is thicker and firmer than other types of dates and the amount of its nectar and syrup is very much.
• Khosravani dates: This date is one of the wetter dates. it is also known as a syrup date, its colour is red, and small in size.
• Shekari dates: These dates are considered semi-moist dates and have nutrients, a delightful taste, low cholesterol, energizing, and preventing tooth decay.

Types of date chips:

- Piarom chips
- Rabbi chips
- Sayer chips
- Zahedi chips
- And so on

packaging:

Tamara Trading Company packages all its products in stylish and robust packages according to the product type and sends them to its customers worldwide. All processes from packaging to loading of products are done under the supervision of our specialized experts to ensure the quality and health of the delivered products.



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